

The Summit Newsletter



nami
National Alliance on Mental Illness

Summit County

Volume 8, Issue 2 June, 2013

NAMI May Banquet Awards



On May 9th, 2013, we celebrated the 27th anniversary of the founding of NAMI Summit County at the Fairlawn Hilton with over 220 attendees. The theme for this year's event was "From Chaos To Hope."

Over the years, many individuals have made significant contributions to help NAMI Summit County. This year, we recognized the Chris and Joe Campo family with the "Heroes Make A Difference Award" for their efforts (see photo above). The Campos are the first non-professionals to be recognized as "Heroes" in our community by NAMI Summit County

On May 25, 2013, Joe, Chris and daughter Kathleen Campo held the ninth Memorial Golf Outing in memory of Nick Campo, beloved son and brother. Nick was an avid golfer: pictures often included him wearing a golf hat. Chris and Joe and their family have turned a tragedy into a memo-

rial event for a son who was lost to mental illness several years ago.

Over the last several years, this event has grown to include hundreds of family, friends, and supporters and raised thousands of dollars for NAMI's "housewarming" project. According to Joe and Chris, the money is donated to housewarming because that is what Nick would have wanted.

We have seen the memorial gathering after the golfing outgrow the Campo's backyard. The last two years, they had to rent the Silver Springs Park pavilion in Stow to handle all the participants, which has grown to hundreds. Contributions come from as far away as California.

Golfers enjoyed a round of golf at Fox Den, which included a \$10,000 Hole-In-One contest paid for by De Angelis Insurance.

Afterwards, we joined the Campos along with many other families and friends for food and refreshments, prizes, and drawings. This year the event raised \$4,205.00.

So, you might ask, how you can "Make a Difference?" You can follow the Campo's idea and turn a tragedy into something positive.

NAMI Summit County would like to thank Joe, Chris & Kathleen Campo and their entire family for helping to promote awareness, decrease stigma about mental illness, and raise money to purchase housewarming items.

NAMI Summit County also recognized the community of Barberton for its Mental Health Court led by Judge David Fish and probation officer Rebecca Dilbeck. Also recognized were school superintendent Patti Cleary, Mayor William Judge, Police Chief Joe Stefen, and CIT officer Sergeant James Dawson. Journey of Hope awards went to Brian McRaven and Michael Zajdel. Joan Sauer, and Don and Maria Sines received Lifetime Achievement Awards.

The speaker at the event, sponsored by The Margaret Clark Morgan Foundation, was Randy Kaye who authored "Ben Behind His Voices".

Important Dates:

- Weekly support meetings on Tuesdays at 7:00 PM. Meetings are held at CSS at 150 Cross Street in Akron.
- **Hudson** support meeting. Second Thursday of the month at 7:00 PM. Held at 47 Aurora Street.
- **Montrose** support meeting. Fourth Tuesday at 7:00 PM, except December. AGMC Health and Wellness Center West.
- **Family to Family...** next session begins in the Fall.
- **NAMI Basics...** begins September 18.
- **NAMI Walks Kickoff...** August 13 at noon at Spaghetti Warehouse.

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Family To Family

The Summer Family To Family class is in progress with 20 students enrolled.

This informative 12 week educational program for families and friends of individuals experiencing mental illness comes highly recommended by those who have attended. We have received comments such as, "it was a very good educational journey, learning the many facets of mental health, and learning that we need to take care of ourselves, and neither the family member nor family should be blamed for the

illness."

For more information or to register for the class, contact the NAMI office at 330-252-1188 or Helen Reedy at 330-659-4910.

Classes are about 2-1/2 hours long and are held at 6:30 PM.

A recent student supplied the following testimonial:

"I wish I had taken this when my son first became ill" and "Now I understand why she does the things she does", and "It saved

my life and my own sanity".

This course teaches us about the many facets of mental illness, and that other families endure similar circumstances.

In this course, we learn that we need to take care of ourselves as well as our loved one, and neither the parents nor loved one should be blamed for the illness.

The **next class** will be offered after Labor Day at the Veterans Administration Mental Health Clinic on Waterloo Road.

Call 330-252-1188 or email namiummit@att.net to enroll for the Fall course.

2013 Facts and Figures

Needy Soles:

This program has been generously funded by the Orr Foundation and, in part, by The Musson Foundation. The Program provides new shoes and hosiery for people living below the federal poverty line and receiving mental health services in Summit County. This year, NAMI Summit County revised the Needy Soles Program to provide a one-time use Payless gift card to clients who meet the eligibility requirements. So far this year, NAMI Summit County has provided shoes and hosiery to 130 consumers.

Housewarming:

The Housewarming Project provides new, basic household items to persons with serious mental illness who have recovered to the point of living independently in the community, and who have incomes below the federal poverty line: 139 orders for 183 individuals were filled in 2012. For

2013, NAMI Summit County has received funding designated to the Housewarming program from the following: Welty Foundation; Bill and Patty Babcox; and Campo Memorial Golf Fund-raiser. On average, each package set is valued at \$165.00, with a cost of \$28,000.00 per year.

Haircare:

In 2007, NAMI-SC partnered with The Akron Barber College. Client case workers take clients to the Akron Barber College where they receive a haircut by hair care professionals in training. NAMI-SC negotiated a reduced rate with the Akron Barber College for \$8.00 per haircut for both men and women with a \$2.00 tip (\$10.00 total). So far this year, NAMI SC has provided 218 haircuts. In October of 2012, NAMI Summit County received a grant from the Smith Foundation to partially fund this program.

The Client Activity & Socialization Program:

This program provides funding for social activities for clients as well as gift packages during the holidays. NAMI supports funding requests from various consumer groups for entertainment, parties and gifts. NAMI Summit County spends approximately \$5,000.00 annually to fund these requests.

NAMI's Creative Kids:

This program provides funding for children from low income households who are diagnosed with a mental illness to attend extra-curricular activities to supplement and advance their recovery. Since its start up in the fall of 2011, 13 children have received funding through this program.

NAMI Board Meetings are held on the 4th Monday of each month at CSS

Visitors are Welcome

NAMI WALKS 2013 Kickoff

WE'RE KICKING OFF NAMI-Walks!!!

Mark your calendars for August 13th from 12:00 noon to 1:30 when we will host all sponsors and team captains for a very special kick-off luncheon at Spaghetti Warehouse in Akron.

Register for NAMIWalks at www.namiwalks.org/summitcounty!!!

Our Sponsorship Campaign is off to great start with the support of **The Margaret Clark Morgan Foundation** as our Premier Sponsor.

Klein's Pharmacy and Community Support Services are Silver Sponsors.

Bronze Sponsors are **Axess Pointe Community Health Center, Akron Children's Hospital and Janssen Pharmaceuticals**.

SUMMA Health System is a start/finish line sponsor.

Supporter Sponsors are **GOJO Industries and Fred and Penny Frese**.

Please contact us at **330-252-1188** for information on sponsorship opportunities.

Giant Eagle Fund Raiser

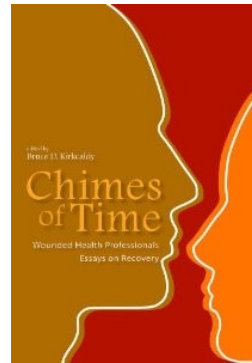


Do your shopping at Giant Eagle with gift cards purchased from NAMI Summit County. For every \$50 you buy in gift cards, we receive a percentage of the sales.

As you start your holiday shopping, Giant Eagle offers most major department stores and specialty stores gift cards.

Call Ron Rett at 330-670-9880 and he will deliver cards to you.

Watch for Giant Eagle campaigns that offer bonus fuel perks for purchases with these cards.



New Publication

Bruce D. Kirkcaldy, an English psychologist residing in Germany, has published a new book, entitled: *Chimes of Time: Wounded Health Professionals Essays on Recovery*. The volume is a presentation of views from "wounded healers" who write about their recoveries, mostly from psychiatric conditions. In Dr. Kirkcaldy's words, the sixteen chapters, which are primarily written by psychologists and psychiatrists, are autobiographical and confessional in nature.

Fred Frese, long time member of the Boards of Directors of both NAMI-Summit County and NAMI-Ohio, as well as having served for twelve years on the National NAMI Board authored one of the chapters.



NAMI Walks 2013

- **October 5, 2013**
- **Munroe Falls Metro Park**
- **Distance: 3 miles**
- **Starts at 10 AM**
- **More information and registration at:**

www.namiwalks.org/summitcounty

- **Or call 330-252-1188**

NAMI BASICS (Formerly Hand to Hand)

NAMI Basics is the new signature education program for parents and other caregivers of children and adolescents living with mental illnesses. The NAMI Basics course is taught by trained teachers who are the parent or other caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years.

The course consists of six classes, each lasting for 2 ½ hours. Classes and all instruction

materials are free to participants.

The next course will be held on Wednesdays beginning September 18 at Child Guidance & Family Solutions, 18 N. Forge Street from 6:00 to 8:30 PM. Classes are free and child care is available at no cost.

The goals of NAMI Basics are:

- To give the parent or caregiver fundamental information necessary to be effective.

ive.

- To help cope with the impact that emotional and behavioral difficulties have on the child and entire family.
- To provide tools for use after the program.
- To help the parent or caregiver take best care of the entire family.

To register call the NAMI office now... class size is limited!



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P.O Box 462
Cuyahoga Falls, OH
44222-0462

Phone: 330-252-1188
NamiSummit@att.net
Crisis Hotline
330-434-9144
www.namismummit.org

National Alliance on Mental Illness

The Nation's Voice on Mental Illness

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Friends of NAMI Summit County:

Due to increased costs in printing and mailing, we are now offering our newsletter *The Summit*, in full color, electronically. Kindly provide your email address to us at namismummit@att.net. You may also access *The Summit* via our website at www.namismummit.org. If you would still prefer to receive a mailed copy please notify us by email at namismummit@att.net or 330-252-1188.

NAMI of Summit County Membership Form

Please complete the information below and mail your check or money order to:

NAMI of Summit County
P.O. Box 462
Cuyahoga Falls, OH 44222

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

Phone: _____

_____ \$35 Individual/Family Membership

_____ \$35 Professional Membership

_____ \$3 "Open Door"

_____ \$ _____ Donation Only... Fund: _____

You can now join online with a credit card at the NAMI website

Please renew your membership by sending in this form..

Memberships expire every 12 months.

Thank you